

Simply Delicious Inc.

EFFECTIVE SEPTEMBER 1, 2014 - FEBRUARY 28, 2015 - Order by Noon Monday for Thursday - Friday Delivery

Buy 10 of the same item and get 11th case free on any of your top 5 selling items.

GRADE A VEGETABLE SINGLES

	PRODUCT #	PACK SIZE	Case Price
ASPARAGUS, spears (6-10mm X 11cm) (green)	10000	10X500g	\$ 45.07
BEANS, EXTRA fine whole green	10001	10 X 1kg	\$ 31.58
BEANS, fine whole green	10002	10 X 1kg	\$ 26.90
BEANS, whole yellow	10003	10 X 1kg	\$ 27.55
BEANS, cut green	10005	10 X 1kg	\$ 21.60
BEANS, cut green	10006	6 X 2kg	\$ 25.56
BEANS, baby lima (NEW)	10012	10 X 1kg	\$ 43.28
BROCCOLI, florets (IQF)	10009	4 X 2kg	\$ 20.76
BROCCOLI, florets (IQF)	10010	10 X 1kg	\$ 25.65
BROCCOLI, florets (IQF) "SELECT "	10011	8 X 1kg	\$ 23.04
BRUSSEL SPROUTS	10015	10 X 1kg	\$ 26.29
CARROTS, whole NATURAL (ISRAELI)	10016	10 X 1kg	\$ 28.07
CARROTS, sliced crinkle cut	10018	10 X 1kg	\$ 17.54
CARROTS, diced	10019	10 X 1kg	\$ 17.54
CAULIFLOWER, florets	10020	10 X 1kg	\$ 21.67
CELERY, diced	10021	10 X 1kg	\$ 25.45
CORN, super sweet yellow	10023	10 X 1kg	\$ 26.73
CORN, super sweet yellow	10024	6 X 2kg	\$ 30.41
CORN, super sweet peaches and cream	10025	10 X 1kg	\$ 26.90
CORN, super sweet peaches and cream	10026	6 X 2kg	\$ 31.58
CORN, whole baby	10059	10 X 1kg	\$ 47.96
KALE, IQF chopped (NEW)	10040	12 X 3lbs	\$ 50.90
LEEKs, diced	10027	10 X 1kg	\$ 23.68
MUSHROOMS, sliced	10028	10 X 1kg	\$ 34.63
OKRA, cuts	10054	10 X 1kg	\$ 37.98
ONIONS, diced	10029	10 X 1kg	\$ 17.18
ONIONS, diced	10049	6 X 2kg	\$ 19.88
PEAS, mini	10031	10 X 1kg	\$ 28.38
PEAS, sweet	10033	10 X 1kg	\$ 26.17
PEAS, sweet	10034	6 X 2kg	\$ 31.05
PEAS, sugar snap	10039	10 X 1kg	\$ 32.75
PEPPERS, diced red	10036	10 X 1kg	\$ 26.56
PEPPERS, diced green	10037	10 X 1kg	\$ 23.39
POTATOES, diced regular	10052	10 X 1kg	\$ 31.58
POTATOES, sweet potato chunks	10053	10 X 1kg	\$ 25.73
RAPINI, broccoli raab	10038	10 X 1kg	\$ 37.90
SPINACH, chopped portions (30g)	10041	10 X 1kg	\$ 21.05
SPINACH, chopped (wet pack)	10042	12 X 3lbs	\$ 30.41
SPINACH, leaf (wet pack)	10043	12 X 3lbs	\$ 30.41
SQUASH, diced	10045	10 X 1kg	\$ 19.54
TURNIP, diced	10047	10 X 1kg	\$ 18.12
			\$ -

VEGETABLE BLENDS

			\$ -
WINTER MIX (cauliflower, broccoli)	30000	10 X 1kg	\$ 24.56
WINTER MIX (cauliflower, broccoli)	30001	4 X 2kg	\$ 19.88
CALIFORNIA MIX (cauliflower, broccoli, carrots)	30002	10 X 1kg	\$ 22.80
CALIFORNIA MIX (cauliflower, broccoli, carrots)	30004	4 X 2kg	\$ 18.71
ITALIAN MIX (cauliflower, broccoli, carrots, beans, zucchini, red peppers)	30005	10 X 1kg	\$ 23.53
PRINCE EDWARD MIX (whole green beans, whole yellow beans, whole baby carrots)	30007	10 X 1kg	\$ 27.20
PRINCE EDWARD MIX (whole green beans, whole yellow beans, whole baby carrots)			\$ -
PRINCE EDWARD MIX (whole green beans, whole yellow beans, whole baby carrots)	30008	6 X 2kg	\$ 31.46
PRINCE EDWARD MIX (whole green beans, whole yellow beans, whole baby carrots)			\$ -
NIAGARA MIX (green beans, carrots, wtr chestnuts, whole baby corn)	30009	10 X 1kg	\$ 32.75
TERIYAKI MIX (whole green beans, broccoli, onions sugar snap peas, red peppers)	30010	10 X 1kg	\$ 28.68
TERIYAKI MIX (whole green beans, broccoli, onions sugar snap peas, red peppers)			\$ -
FAJITA MIX (onions, green, red and yellow peppers)	30011	10 X 1kg	\$ 23.39
STIR FRY SUPREME (sugar snap peas, broccoli, onions, cut baby corn, red and yellow peppers)	30012	10 X 1kg	\$ 28.65
STIR FRY SUPREME (sugar snap peas, broccoli, onions, cut baby corn, red and yellow peppers)			\$ -
PEAS & CARROTS (peas, carrots)	30013	10 X 1kg	\$ 21.98
PEAS & CARROTS (peas, carrots)	30014	6 X 2kg	\$ 26.38
REGULAR MIXED VEGETABLES (carrots, peas, corn, beans)	30015	10 X 1kg	\$ 22.11
REGULAR MIXED VEGETABLES (carrots, peas, corn, beans)	30016	6 X 2kg	\$ 26.17
OMELETTE MIX (onions, green peppers, red peppers)	30017	10 X 1kg	\$ 22.22
PARISIENNE MIX (parisienne carrots, whole green beans whole yellow beans, cauliflower, broccoli)	30018	10 X 1kg	\$ 30.98
PARISIENNE MIX (parisienne carrots, whole green beans whole yellow beans, cauliflower, broccoli)			\$ -
BASMATI RICE PILAF (basmati rice, mushrooms, red peppers, corn, broccoli, peas)	30029	10 X 1kg	\$ 32.42
PASTA MIX (tricolour pasta, baby carrots, broccoli, red, yellow and green peppers, onions)	30021	10 X 1kg	\$ 38.77
PASTA MIX (tricolour pasta, baby carrots, broccoli, red, yellow and green peppers, onions)			\$ -
STEAK MIX (mushrooms , onions)	30026	10 X 1kg	\$ 27.42

AUTUMN MIX (diced potatoes, diced carrots, diced turnip, diced squash)	30027	10 X 1kg	\$ 22.21
			\$ -
DELICIOUS FRUITS IN RESEALABLE BAGS			\$ -
APPLES, sliced (Fuji)	40000	5 X 1kg	\$ 15.20
BANANAS, sliced	40001	5 X 1kg	\$ 19.88
BANANAS, CHOCO - BANANAS (1/2 banana on a stick with chocolate flavoured coating)	40035	12 X 6pcs	\$ 21.06
BLACKBERRIES, whole	40002	5 X 1kg	\$ 24.48
BLUEBERRIES, wild	40003	5 X 1kg	\$ 34.52
BLUEBERRIES, cultivated (less than 1/2") (NEW)	40040	5 X 1kg	\$ 25.14
CHERRIES, dark sweet	40004	5 X 1kg	\$ 38.60
CHERRIES, red tart	40005	5 X 1kg	\$ 22.22
CHERRIES, red tart (NEW)	42005	4X2kg	\$ 34.52
CRANBERRIES, whole	40006	5 X 1kg	\$ 16.37
KIWI, sliced	40031	5 X 1kg	\$ 22.82
MANGO, chunks	40007	5 X 1kg	\$ 23.39
PAPAYA, sweet red chunks	40021	5X1kg	\$ 18.71
PEACHES, sliced	40008	5 X 1kg	\$ 26.11
PEACHES, sliced (NEW)	42008	4X2kg	\$ 40.48
PINEAPPLE, chunks (MD2 super sweet)	40009	5 X 1kg	\$ 19.88
RASPBERRIES, whole	40010	5 X 1kg	\$ 33.68
RASPBERRIES, whole (NEW)	42010	4X2kg	\$ 52.64
RASPBERRIES, crumbles	40013	5 X 1kg	\$ 22.76
RHUBARB, sliced	40011	5 X 1kg	\$ 12.86
SASKATOON BERRIES, whole	40025	5 X 1kg	\$ 36.26
STRAWBERRIES, whole (non Chinese) "SELECT"	40012	5 X 1kg	\$ 21.31
STRAWBERRIES, whole (non Chinese) "SELECT" (NEW)	42012	4X2kg	\$ 32.75
STRAWBERRIES, whole A13 (Chinese)	40037	5 X 1kg	\$ 16.95
BERRY MIX (blackberry, strawberry, raspberry)	40014	5 X 1kg	\$ 24.39
BANANA - BERRY (bananas, strawberry)	40015	5 X 1kg	\$ 19.22
MANGO - BERRY (mango, strawberry)	40016	5 X 1kg	\$ 20.76
PINEAPPLE - STRAWBERRY (pineapple, strawberry)	40017	5 X 1kg	\$ 19.12
TROPICAL MIX (pineapple, red papaya, mango)	40018	5 X 1kg	\$ 19.88
FRUITYLICIOUS MIX (banana, pineapple, mango, papaya, strawberry)	40019	5 X 1kg	\$ 19.28
SMOOTHIE MIX (banana, blueberry, strawberry)	40020	5 X 1kg	\$ 19.88
VERY BERRY BLEND (blackberries, raspberries, blueberries)	40026	5 X 1kg	\$ 27.65
ISLAND BLEND (bananas, mango, pineapple)	40030	5 X 1kg	\$ 19.88
STRAWBERRY-KIWI (strawberry, kiwi)	40032	5 X 1kg	\$ 20.43
STRAWBERRY - BLUEBERRY	40033	5 X 1kg	\$ 23.34
FIESTA FRUIT BLEND (strawberry, peaches, blackberries)	40039	5 X 1kg	\$ 19.88
ANTIOXIDANT BLEND (blueberry, raspberry, strawberry, cranberry, saskatoon berry, cherry, blackberry)	40036	5 X 1kg	\$ 24.56
			\$ -
			\$ -
			\$ -
BULK BIN			\$ -
BEANS, red kidney	10008B20	20lbs	\$ 39.78
BROCCOLI, florets (Select)	10011B25	25lbs	\$ 25.99
BROCCOLI, florets (IQF) micro	10013B35	35lbs	\$ 40.11
BROCCOLI, chopped (IQF)	10014B45	45lbs	\$ 37.93
CAULIFLOWER, florets	10020B10	10kg	\$ 18.74
CELERY, diced	10021B10	10kg	\$ 18.36
CORN, whole baby	10059B10	10kg	\$ 38.46
ONIONS, diced	10029B10	10kg	\$ 13.90
ONIONS, strips	10029SB10	10kg	\$ 14.36
PEAS, sugar snap	10039B10	10kg	\$ 25.08
PEPPERS, diced red	10036B10	10kg	\$ 22.00
PEPPERS, red strips	10036SB10	10kg	\$ 22.46
PEPPERS, diced green	10037B10	10kg	\$ 19.21
PEPPERS, green strips	10037SB10	10kg	\$ 19.68
PEPPERS, yellow strips	10035SB10	10kg	\$ 23.08
SPINACH, chopped (IQF)	10044B35	35lbs	\$ 43.69
BANANAS, sliced	40001B10	10kg	\$ 26.66
BLUEBERRIES, wild	40003B30	30lbs	\$ 76.05
BLUEBERRIES, cultivated (less than 1/2")	40040B30	30lbs	\$ 55.46
CHERRIES, dark sweet	40004B40	40lbs	\$ 109.18
CHERRIES, red tart	40005B30	30lbs	\$ 44.32
CRANBERRIES	40006B40	40lbs	\$ 30.15
KIWI, sliced	40031B10	10kg	\$ 33.92
MANGO, chunks	40007B30	30lbs	\$ 47.97
PAPAYA, red chunks	40021B30	30lbs	\$ 35.50
PEACHES, sliced	40008B40	40lbs	\$ 70.19
PINEAPPLE, chunks (MD2 super sweet)	40009B30	30lbs	\$ 38.07
RHUBARB, sliced	40011B30	30lbs	\$ 22.71
SASKATOON BERRIES, whole	40025B11	11kg	\$ 58.83
STRAWBERRIES, whole (non Chinese) "SELECT"	40012B30	30lbs	\$ 43.88

STRAWBERRIES, whole A13 (Chinese)	NEW	40037B10	10kg	\$ 27.64
				\$ -
				\$ -
				\$ -
Batter / Breaded				\$ -
ZUCCHINI STICKS		20026	4 X 3lbs	\$ 22.60
MUSHROOMS		20028	4 X 3lbs	\$ 31.27
ONION RINGS		20029	4 X 2.5lbs	\$ 18.71
OVEN READY JALAPENO with CREAM CHEESE		20064	4 X 3lbs	\$ 52.64
OVEN READY JALAPENO with CHEDDAR CHEESE		20065	4 X 3lbs	\$ 52.64
PICKLES and PEPPERS (ZESTY PICKLES AND MILD BANANA PEPPER RINGS COATED IN A CRISPY BREADING)		20066	4 X 3lbs	\$ 38.36
CHEESECAKE bites, (deep fried) (NEW)		20067	4 X 3lbs	\$ 52.64
				\$ -
FRIES, sweet potato (NEW)		20053	6 X 2.5lbs	\$ 35.08
				\$ -
				\$ -
				\$ -
TCF PREMIUM CHICKEN PRODUCTS				\$ -
TCF PREMIUM 17% , RANDOM IQF BONELESS, SKINLESS, BREASTS		50003	1 X 4kg	\$ 33.35
TCF ULTRA 19%, RANDOM IQF , BONELESS, SKINLESS, BREASTS		60004	2X2kg	\$ 35.69
TCF ULTRA 19%, RANDOM IQF , BONELESS, SKINLESS, BREASTS		61000	4X1kg	\$ 38.03
				\$ -
BREADED CHICKEN				\$ -
TENDERLICIOUS, seasoned chicken tenders		80000	4kg twin pack	\$ 38.03